

**ONE LIVING** LLC

**Regenerative Injection Therapy**  
**Module 1: Injection Therapy Foundations**  
**and**  
**Advanced Neural Therapy**

INSTRUCTORS

Dr. Dietrich Klinghardt

Dr. Summer Beattie

Dr. Angela Cortal

Dr. Jum Funk

Hosted at  
SOPHIA HEALTH INSTITUTE  
17924 140th Ave NE, Woodinville, WA 98072.

[connect@onelivingclinic.com](mailto:connect@onelivingclinic.com)  
206-860-2526

## **Welcome !**

This 3-day course will include hands-on and didactic training to educate you on the science and artful application of these methods.

This course is intended for practitioners of all levels but is foundational for those with limited experience with injecting. The first day will include a course in Elegant Needling, covering all the things someone new to injections needs to know about selecting size, length and type of needle, safety and other best practices. Instructors will share their unique clinical pearls.

Please note that completion of Module 1 is a required pre-requisite which will allow you to be eligible to register for future injection training modules.

## **RIT Training includes:**

Didactic, Observational and Hands-on Training  
Procedure Manual

## **Module 1**

Introduction to needling techniques and needle safety

Introduction to Prolotherapy, Neural Therapy, Neural Prolo and Trigger Point

Discussion of Platelet Rich Plasma (PRP) and Ozone

Treatment pyramid of protocols to use depending on the stage of dysfunction

Introduction to NOIT (Neural Optimization Injection Technique) a unique and advanced way of integrating injection therapies

## **Advanced Neural Therapy**

Rare opportunity for hands-on training with Dr. Dietrich Klinghardt

## **Equipment and Supplies**

Detailed list of supplies

Resource and contacts for specific equipment and supplies

## **Patient Paperwork**

Informed consent template

Pre-and post-procedure instruction template

## **Provider Support**

Procedure protocols and step-by-step instruction

Procedure notes

Inclusion in the One Living Collaborative private Facebook group

## **Process and Methods:**

Pre-training material will be provided and attendees are responsible for having reviewed the material prior to attending the class.

A detailed schedule and additional attendance information will be sent out about 2 weeks prior to class.

## **Didactic instruction will include the following sessions:**

Science of the modalities covered (Neural Therapy, Neural Prolo, Neural Therapy, Prolotherapy, Ozone, PRP)

Equipment and Supplies

Pharmacy of solutions used

Patient and Practitioner Safety

## **Hands -on**

The one thing that has always made One Living trainings unique is the focus of hands-on practice. There just really is no substitute for learning to be an excellent injector without that guided mentorship. Plan to both inject and be injected.

## **Current Physician Instructors for this Course:**

Dr. Dietrich Klinghardt

Dr. Summer Beattie

Dr. Angela Cortal

Dr. Jum Funk

## **Private Trainings**

Held in your clinic, private trainings are available for PRP Aesthetic and Sexual Health techniques, as they are not covered in this course. Please request more information if you are interested in that option.

## **Additional Information**

Class is held in the brand new Sophia Health Institute “Gold” building, located at:

17924 140th Ave NE, Woodinville, WA 98072.

There is ample on-site parking.

Please bring a bag lunch.

Physicians who have successfully finished all requirements of both the didactic and hands-on training will receive a Certificate of Completion. We are not approved with any organization for formal CMEU.

## **Training Fee Options**

### **Option 1: Click the link to Pay –**

these are included in your e-mail

### **Module 1 and Advanced Neural Therapy: 3 days/ Sept 18-20**

**Regular rate: \$3,400**

**Special Pricing Available for a Limited time: \$2850**

### **Module 1 Only: 2 days/ Sept 18-19**

**Regular Rate: \$2,000**

**Special Pricing Available for a Limited time: \$1,800**

### **Advanced Neural Therapy Only: 1 day/ Sept 20**

**Regular Rate: \$1,400**

**Special Pricing Available for a Limited time: \$ 1,200**

### **Option 2: Request a PayPal Invoice**

In the past, once you let us know you would like to register, an invoice was sent to you via Pay Pal. You may still opt to do this.

**Option 3:** If you cannot afford either of the options above, please contact Dr. Beattie to customize a payment plan. Dr. Beattie is committed to the Naturopathic Principle of Docere and is passionate about the work and training she does with Regenerative Medicine. She wants practitioners to have the training and tools to be able to offer these services to patients. You can e-mail her directly at: [drbeattie@onelivingcenter.com](mailto:drbeattie@onelivingcenter.com)

Additional fees may apply if special accommodations need to be made for any attendee.

We are excited to have you join our community of providers!

## **Digital access to training materials**

You will be sent a copy of course materials prior to class. You will receive a notebook with course materials at the training as well.

All purchases are final once instructional material has been delivered either via digital or hard copy.

Training dates may be rescheduled with 60 days notice or in case of emergency, at the discretion of One Living LLC.

All information and materials given in this training remain the sole property of One Living, LLC and/or Dr. Summer Beattie, ND and may not be copied or shared with anyone, including but not limited to physicians and practitioners who have not completed training with One Living, LLC and Dr. Summer Beattie, ND.



Choosing a training course can be overwhelming and you want to make sure you do the one that will best give you what you need – so if you have any questions at all about our trainings or policies, please reach out.

We are happy to answer your questions.

# ONE LIVING

*a collection of physicians* **LIVING Docere**

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Collaboration not Competition  
Supporting each other to Excellence

**Patient Care and Provider Training  
Applications of Regenerative Medicine in  
Orthopedics, Aesthetics, Sexual Health & Wellness**

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